



PURE FOOD JUST TASTES BETTER

NFL/KSE/2015/1/03

19th January, 2015

The General Manager
Karachi Stock Exchange Limited
Stock Exchange Building
Stock Exchange Road
Karachi-74000

Fax No. 111573329

Dear Sir,

INFORMATION UNDER KSE LISTING REGULATIONS 16(6)
SALE OF SHARES BY THE DIRECTOR


This is to inform that Mr. Khawaja Munir Mashooqullah, Director of National Foods Limited has sold Shares of the Company.

Type of transaction	:	Sales
Transaction date	:	16 th January, 2015
Settlement Date	:	20 th January, 2015
Number of Shares	:	19,400 Shares
Average Rate	:	Rs. 432.98
Form of Shares	:	Electronic

You may please disseminate the information to all concerned.

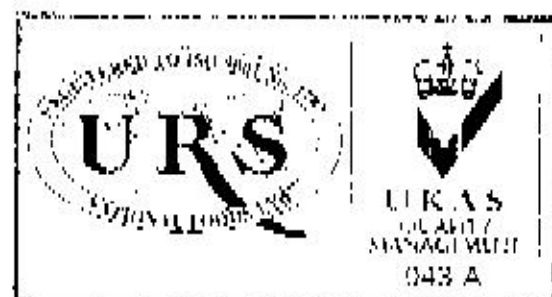
Thanking you,

Yours faithfully,
FOR NATIONAL FOODS LIMITED


(PARVEEN ABDUL LATIF)
COMPANY SECRETARY

CC' To:

- (1) The General Manager, Lahore Stock Exchange Limited. Fax No. 042-36368485
- (2) The General Manager, Islamabad Stock Exchange Limited. Fax No. 051-111473329
- (3) The Director (Enforcement & Monitoring), Securities & Exchange Commission of Pakistan, Islamabad.
- (4) Head of Operations, Central Depository Company of Pakistan Ltd., Karachi.
- (5) Registrar, Central Depository Company of Pakistan Ltd., Karachi.



An ISO 9001 Certified Company

Regd. Off: 12/CL-6, Claremont Road, Civil Lines, Karachi-75530
Tel: 9721-35662687, 35670793, 35670646, 35670585 Fax: 9221-35684870
Off: 219, The Forum G-70, Block-9, Khayaban-e-Jami, Clifton, Karachi
Tel: 9221-35821243-46 Fax: 9221-35821247
Factory: F/133, F/160-C, SITE, Karachi-75760
Tel: 9721-32577707-10 Fax: 9221-32577217
URL: www.nfoods.com