



SHARE FOOD, SHARE LOVE

NFL/CORP/2024/67

FORM-29

**The General Manager**  
**Pakistan Stock Exchange Limited,**  
Stock Exchange Building  
Stock Exchange Road  
Karachi-74000

March 11, 2024

**Subject: Disclosure of Interest by a Director, CEO, or Executive of a Listed Company and their Spouses and the Substantial Shareholders u/s 5.6.4 of PSX Regulations**

Dear Sir,

We have to inform you that following transaction(s) have been executed by the Directors in shares of the Company, details of which are hereunder: -

Details of Transactions							
S. No.	Name of Person with Description	Date	Nature	No. of Shares	Rate (Rs.)	Form of Share Certificates	Market
1.	Zahid Majeed	08-03-2024	BUY	1,309	152.00	CDC	Ready

We confirm that the said transaction(s) will be presented in the subsequent board meeting including duly highlighted the non-compliance(s), if any, for their consideration as required under clause No. 5.6.4 of PSX Regulations and confirm the same to the Exchange.

We further confirm that holding period for the transaction(s) is over six (06) months and in case it is within six (06) months, the cheque equivalent to the profit shall be deposited with SECP as required under section 105 of the Securities Act, 2015 under intimation to PSX.

Thanking you,

Yours faithfully,

**FOR AND ON BEHALF OF  
NATIONAL FOODS LIMITED**

**SYED FARHAN ALI RIZVI  
CHIEF FINANCIAL OFFICER**

**CC:**

1. Executive Director/HOD, Offsite-II Department, Supervision Division, Securities & Exchange Commission of Pakistan, Islamabad.
2. Head of Operations, Central Depository Company of Pakistan Ltd., Karachi.
3. Registrar, CDC Share Registrar Services Limited., Karachi.