



SHARE FOOD, SHARE LOVE®

NFL/Corp/2020/35

August 18, 2020

FORM-29

The General Manager
Pakistan Stock Exchange Limited,
Stock Exchange Building
Stock Exchange Road
Karachi-74000

Subject: **Disclosure of Interest by a Director CEO, or Executive of a Listed Company and their Spouses and the Substantial Shareholders u/s 5.6.1(d) of PSX Regulations**

Dear Sir,

We have to inform you that following transaction has been executed by a Director in shares of the Company, details of which are hereunder: -

		Details of Transactions					
S.No.	Name of Person with Description	Date	Nature	No. of Shares	Rate (Rs.)	Form of Share Certificates	Market
1.	Mrs. Noreen Hasan.	17-08-2020	Buy	6,400	Avg. Rs.247.13	CDC	Pakistan Stock Exchange

TOTAL: 6,400

We confirm that the said transaction(s) will be presented in the subsequent board meeting including duly highlighted the non-compliance(s), if any, for their consideration as required under clause No. 5.6.1.(d) of PSX Regulations and confirm the same to the Exchange.

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We further confirm that holding period for the transaction(s) is over six (06) months and in case it is within six (06) months, the cheque equivalent to the profit shall be deposited with SECP as required under section 105 of the Securities Act, 2015 under intimation to PSX.

Thanking you,

Yours faithfully,
FOR NATIONAL FOODS LIMITED



MOHAMMED SALEEM SULTANI
DEPUTY MANAGER LIAISON

CC:

- (1) The Director, Securities Market Division, Securities & Exchange Commission of Pakistan Islamabad.
- (2) Head of Operations, Central Depository Company of Pakistan Ltd., Karachi.
- (3) Registrar, Central Depository Company of Pakistan Ltd., Karachi.