

NFL/BOD/2018-2019/2/56

February 11, 2019

FORM-1

The General Manager,
Pakistan Stock Exchange Limited,
Stock Exchange Building,
Stock Exchange Road,
KARACHI.

SUB: BOARD MEETING

Dear Sir,

This is to inform you that the meeting of the Board of Directors of the Company will be held on Tuesday, February 19, 2019 at 3:00 p.m. at our Registered Corporate Office situated at 12/CL-6, Claremont Road, Civil Lines, Karachi to consider the Half Yearly Accounts for the period ended 31st December, 2018.

The Company has declared the "Closed Period" from February 11, 2019 to February 19, 2019 as required under Clause 5.6.1 (d) of Pakistan Stock Exchange Regulations. Accordingly, no Director, CEO or Executive shall, directly/indirectly, deal in the shares of the Company in any manner during Closed Period.

You may please inform the TRE Certificate Holders of the Exchange accordingly.

Thanking you,

Yours faithfully,
FOR NATIONAL FOODS LIMITED



(FAZALUR REHMAN HAJANO)
COMPANY SECRETARY