



SHARE FOOD, SHARE LOVE®

NFL/BOD/10/2016/10

13th October, 2016

FORM-1

The General Manager,
Pakistan Stock Exchange Limited,
Stock Exchange Building,
Stock Exchange Road,
KARACHI.

SUB: BOARD MEETING

Dear Sir,

This is to inform you that a meeting of the Board of Directors of the Company will be held at 4:00 p.m. on Thursday 20th October 2016 at Beach Luxury Hotel, M.T. Khan Road, Karachi to consider the 1st Quarterly Accounts for the period ended September 30, 2016.

The Company has declared the "Closed Period" from 13th October, 2016 to 20th October, 2016 as required under Clause 5.19.15(Code of Corporate Governance) of the Rule Book of the Exchange. Accordingly, no Director, CEO or Executive shall, directly/indirectly, deal in the shares of the Company in any manner during Closed Period.

You may please inform the TRE Certificate Holder of the Exchange accordingly.

Thanking you,

Yours faithfully,
FOR NATIONAL FOODS LIMITED



(FAZAL UR REHMAN HAJANO)
COMPANY SECRETARY

CC' to:

- (1) Head of Operations, Central Depository Company of Pakistan Limited, Karachi.
- (2) Share Registrar, Central Depository Company of Pakistan Ltd., Karachi