



PURE FOOD JUST TASTES BETTER

NFL/2009-2010/10

22nd October, 2009

FORM-3

FAX NO. 111573329

UNDER SEALED COVER

The General Manager,
Karachi Stock Exchange (Guarantee) Ltd.,
Stock Exchange Building,
Stock Exchange Road,
Karachi-74000

**Sub: Financial Results for the 1st Quarter ended
30th September, 2009**

Dear Sir,

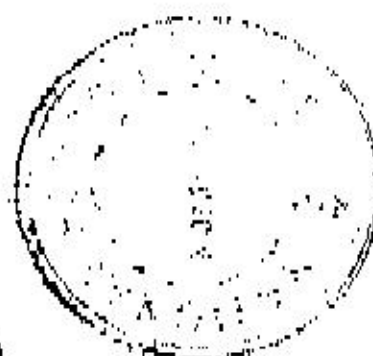
We have to inform you that the Board of Directors of our Company in their meeting held on Thursday the 22nd October, 2009 at 12/CL-6, Claremont Road, Civil Lines, Karachi has approved the accounts for the First Quarter ended 30th September, 2009.

The Financial Results of the Company are enclosed herewith.

We will be sending you 300 copies of printed accounts for distribution amongst the members of the Exchange in due course of time.

Yours faithfully,
For National Foods Limited

(FAYYAZ ABDUL GHAFFAR)
COMPANY SECRETARY



Encl: As above.

CC'to:

1. Lahore Stock Exchange (Guarantee) Limited.
2. Islamabad Stock Exchange (Guarantee) Limited.
3. Central Depository Company of Pakistan Limited.
4. Securities & Exchange Commission of Pakistan, Karachi.
5. Securities & Exchange Commission of Pakistan, Islamabad.
6. Noble Computer Services (Private) Limited.

certified company



Regd. Off: 12/CL-6, Claremont Road, Civil Lines, Karachi-75530
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Tel: 5821243 46 Fax: 9221-5821247
Factory: 1/133, F/160-C, SHE, Karachi-75760
Tel: 2577207 10 Fax: 9221-2577217
URL: www.nfoods.com